



Lithic Resources Ltd.

912-510 West Hastings Street
Vancouver, B.C.
Canada V6B 1L8

Telephone: 1-604-687-7211
Fax: 1-604-648-9578
E mail: lithic@telus.net

News Release 2008-2

Listed on the TSX Venture Exchange: LTH

February 13, 2008

LITHIC INTERSECTS 30 METRES GRADING 17.93% ZINC AT CRYPTO

Lithic Resources Ltd. (LTH-TSX Venture) (the "Company") is pleased to report additional assay results for the Crypto zinc project located in western Utah. Previous drilling at Crypto showed that zinc mineralization occurs as stratigraphically controlled replacements and skarn bodies hosted in a shallow dipping carbonate sequence near the contact with a quartz monzonite/rhyolite intrusive. Multiple horizons in the carbonate sequence are mineralized. Hole C-07-03 is vertical, was collared approximately 55 metres east of holes C-07-01 and C-07-02 within the deposit area. A plan and sections illustrating the locations of holes reported to date are available at www.lithicresources.com. The table below summarizes the higher grade intercepts in hole C-07-03:

Hole	From (m)	To (m)	Length (m)	% Zn	% Cu	% Pb	g/t Ag	Zone
C-07-03	25.30	30.94	5.64	3.78	0.36	0.33	135.95	oxide
" "	123.75	125.88	2.13	10.85	0.43	0.02	27.77	oxide
" "	145.08	152.55	7.47	16.08	0.41	0.01	18.18	oxide
" "	258.62	274.02	15.40	2.92	0.16	0.01	2.97	sulphide
" "	304.65	334.67	30.02	17.93	0.53	0.01	7.97	sulphide
including	315.47	318.52	3.05	25.22	2.33	0.01	16.98	" "

Two rigs are currently drilling on the property and approximately 5,900 metres in 8-10 holes remain in the current program which is aimed mainly at confirming and expanding known zinc mineralization and will lead to an updated resource estimate. Additional drill targets include the extensions of high grade silver-lead-zinc mineralization at the formerly producing Utah Mine, geophysical anomalies identified in 2006 that could represent an entirely new zone of Crypto-style zinc mineralization and porphyry-style molybdenum mineralization encountered in past drilling. The Company is well-financed to complete this program of work.

The Crypto zinc deposit is a carbonate replacement deposit similar in style to mineralization in mining districts such as Park City, Bingham and Tintic in Utah that were major historical producers of zinc, lead and silver. Various companies have drilled at Crypto and in the early 1990's, Cyprus Minerals estimated a resource of 5.4 million tonnes of sulphide mineralization grading 8.7% zinc and a further 2.8 million tonnes of near surface oxide mineralization grading 7.0% zinc. This historical estimate was made prior to the implementation of NI43-101 standards, does not conform to those standards and should not be relied on as being indicative of a resource or a reserve with demonstrated economic viability. However, it is believed by the Company to be relevant and a reliable indication of the mineral potential of the property.

Chris Staargaard, M.Sc., P.Geo., is the Qualified Person for Lithic and has reviewed and approved the contents of this news release. For further information please contact Chris Staargaard at 604-687-7211 or visit www.lithicresources.com and/or www.sedar.com.

LITHIC RESOURCES LTD.

"C.F. Staargaard"

C.F. Staargaard
President and CEO

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.