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LITHIC INTERSECTS MORE HIGH GRADE ZINC AT CRYPTO AND MOBILIZES SECOND DRILL RIG

Lithic Resources Ltd. (LTH-TSX Venture) (the "Company") is pleased to report additional assay results for the Crypto zinc project located in western Utah. Previous drilling at Crypto showed that zinc mineralization occurs as stratigraphically controlled replacements and skarn bodies hosted in a shallow dipping carbonate sequence near the contact with a quartz monzonite/rhyolite intrusive. Multiple horizons in the carbonate sequence are mineralized. Hole C-07-02 is vertical, was collared approximately 40 metres north of hole C-07-01 within the deposit area and was terminated in intrusive at 731.5 metres. The table below summarizes the higher grade intercepts:

Hole	From (m)	To (m)	Length (m)	% Zn	% Cu	% Pb	g/t Ag	Zone
C-07-02	217.78	220.07	2.29	5.18	0.15	4.37	87.44	oxide
" "	367.90	385.27	17.37	27.30	0.46	0.00	11.15	sulphide
" "	391.97	393.90	1.93	14.80	1.55	0.00	17.02	sulphide
" "	416.97	427.94	10.97	15.59	0.45	0.02	8.59	sulphide
" "	435.25	438.61	3.36	12.89	0.98	0.01	10.31	sulphide

A total of 3,268 metres in five holes was completed prior to December 14 at which point the Christmas break commenced. Drill crews and a second drill rig are being mobilized to the property this week. The second rig, along with a number of other significant changes on the part of the contractor, is expected to substantially improve drilling production.

Approximately 6,750 metres in 10-12 holes remain to be drilled in the current program which is aimed mainly at confirming and expanding known zinc mineralization and will lead to an updated resource estimate. Additional drill targets include the extensions of high grade silver-lead-zinc mineralization at the formerly producing Utah Mine, geophysical anomalies identified in 2006 that could represent an entirely new zone of Crypto-style zinc mineralization and porphyry-style molybdenum mineralization encountered in past drilling. The Company is well-financed to complete this program of work.

Samples are being submitted on a weekly basis to ALS Chemex in Elko, Nevada for analysis and the results will be reported periodically over the course of the program. Substantial delays in reporting assay results are being experienced due to a large backlog of samples at Chemex, similar to the situation at all commercial laboratories. The Company has a rigorous QA/QC protocol in place for the sampling process involving multiple standards at a range of grades as well as blanks and various field and preparation duplicates.

The Crypto zinc deposit is a carbonate replacement deposit similar in style to mineralization in mining districts such as Park City, Bingham and Tintic in Utah that were major historical producers of zinc, lead and silver. Various companies have drilled at Crypto and in the early 1990's, Cyprus Minerals estimated a resource of 5.4 million tonnes of sulphide mineralization grading 8.7% zinc and a further 2.8 million tonnes of near surface oxide mineralization grading 7.0% zinc. This historical estimate was made prior to the implementation of NI43-101 standards, does not conform to those standards and should not be relied on as being indicative of a resource or a reserve with demonstrated economic viability. However, it is believed by the Company to be relevant and a reliable indication of the mineral potential of the property.

Chris Staargaard, M.Sc., P.Geo., is the Qualified Person for Lithic and has reviewed and approved the contents of this news release. For further information please contact Chris Staargaard at 604-687-7211 or visit www.lithicresources.com and/or www.sedar.com.

LITHIC RESOURCES LTD.

"C.F. Staargaard"

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.