



**Lithic Resources Ltd.**

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**News Release 2009-3**

**Listed on the TSX Venture Exchange: LTH**

February 3, 2009

**LITHIC GRANTS STOCK OPTIONS**

**Lithic Resources Ltd. (LTH-TSX Venture)** (the "Company") has granted a total of 1,125,000 incentive stock options to directors, officers, employees and consultants of the Company. Each stock option entitles the holder to purchase one common share of the Company at a price of \$0.10 until February 2, 2014 or for the optionee's period of employment or engagement, whichever period is shorter. The options and any securities issued on the exercise of the options are subject to a four month hold period.

The options were granted pursuant to the Company's stock option plan which reserves an aggregate total of stock options equivalent to 10% of the Company's issued and outstanding share balance at any given time. Including the current grant, the Company has issued 3,025,000 stock options out of an authorized maximum of 3,640,551 stock options. The option grant is subject to regulatory approval.

**LITHIC RESOURCES LTD.**

*"C.F. Staargaard"*

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C.F. Staargaard  
President and CEO

**FURTHER INFORMATION:**

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**The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.**