



Lithic Resources Ltd.

912-510 West Hastings Street
Vancouver, B.C.
Canada V6B 1L8

Telephone: 1-604-687-7211
Fax: 1-604-648-9578
E mail: lithic@telus.net

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Listed on the TSX Venture Exchange: LTH

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LITHIC APPOINTS DEBORAH THIEL AS CORPORATE DEVELOPMENT ADVISOR

Lithic Resources Ltd. (LTH-TSX Venture) (the "Company") today announced that it has appointed Ms. Deborah G. Thiel as an advisor to the Corporation in the area of corporate development.

Ms. Thiel is the President and CEO of Nexus Consultants Inc., a privately owned corporate development and marketing consultancy firm incorporated in June 1988 and which has exclusively served public companies in the mineral exploration industry since May 1995. Ms. Thiel brings to Lithic a wealth of public company experience, both at the senior management and Board levels. Most notably, Ms. Thiel has worked with successful junior exploration companies including Altius Minerals Corporation and AuEx Ventures Inc.

Ms. Thiel will assist the Company in establishing and maintaining relationships with retail brokerage houses, industry analysts, institutional fund managers and key industry letter writers as well as, in time, assisting in the completion of corporate financings. Ms. Thiel will receive \$5,000 per month and 100,000 stock options, to be awarded within 60 days, as compensation.

About Lithic Resources Ltd.

Lithic Resources Ltd. is a junior mining exploration company based in Vancouver, Canada which trades on the TSX Venture Exchange under the trading symbol LTH. The Company holds a 100% interest in the Crypto zinc-indium-copper-molybdenum project in Utah where in the early 1990's, Cyprus Minerals estimated a historical resource of 5.4 million tonnes of sulphide mineralization grading 8.7% zinc and a further 2.8 million tonnes of near surface oxide mineralization grading 7.0% zinc.

In July 2008, the Company completed a program of 10,540 metres of core drilling aimed mainly at confirming and expanding the historical zinc-copper resource. It is currently preparing an updated resource estimate for the property as well as initiating preliminary metallurgical testwork.

Although world markets and particularly the commodities markets have experienced major downturns recently and will probably continue to exhibit a high degree of volatility for some time, management feels that it is important to continue building a base in the investment community. With a healthy treasury and negligible holding costs for the Crypto property, the Company is well-positioned to survive through these times and will be able to take full advantage of renewed interest in the sector when it comes.

LITHIC RESOURCES LTD.

"C.F. Staargaard"

C.F. Staargaard
President and CEO

FURTHER INFORMATION:

Deborah Thiel
Corporate Development
Cell: (604) 512-9691
Phone: (604) 689-9533
Email: debthi@shaw.ca

Chris Staargaard
President/CEO
Phone: (604) 687-7211
Email: info@lithicresources.com
Website: www.lithicresources.com

The TSX Venture Exchange has not reviewed and does not accept responsibility for the accuracy or adequacy of this news release.